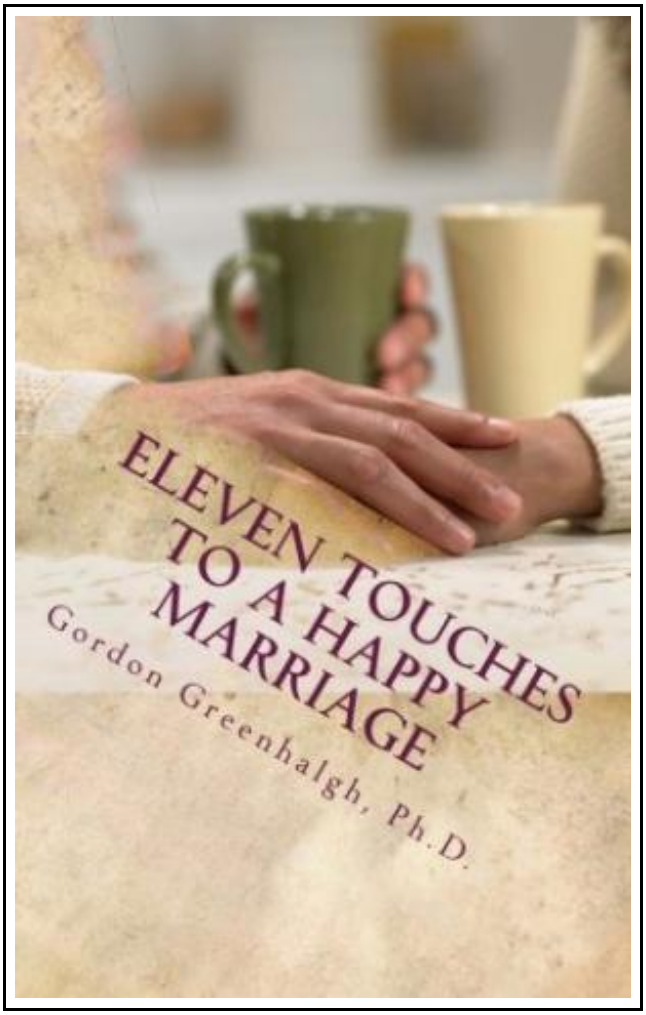
Eleven Touches To a Happy Marriage



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CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 66 pages. Dimensions: 8.0in. x 5.0in. x 0.1in.Dr. Greenhalgh a licensed Marriage and Family Therapist puts his 30 years of experience and knowledge into an easy to read short book designed specifically for non-readers and couples who want to see immediate change in their marriage without going to marriage counseling. He gives specific strategies and techniques that will change your relationship in as little as 30 days. Also included is the Love-Touch exercise that will quickly produce results. 11 Touches To a Happy Marriage will accomplish the following: 1) improve commmunication, 2) decrease conflicts, 3) improve conflict resolution, 4) increase parenting skills, 5) improve sex life, 6) develop a positive perspective, 7) decrease unwanted behaviors, 8) motivate your spouse to be different, 9) increase overall marital satisfaction. Chapter One-The Understanding Touch discusses the 3 behaviors that will lead to understanding your spouse and opening the door to improved communication. Chapter Two-The Hurting Touch helps the reader assess behaviors that are causing trouble in their relationship. There is a self-assessment questionnaire that will reveal specifically what areas need to be worked on. Chapter Three-The Healing Touch gives couples some specific techniques to help bring about forgiveness from past hurts so they can open the door to create more positive interactions. Chapter Four-The Caring Touch gives 4 needs men have and the 4 needs women have so they will feel genuinely cared about. Couples who know and practice these 4 strategies will be well on their way to a happy marriage. Chapter Five-The Helping Touch will help couples figure out how to work together to get done the mundane tasks of life. Instead of arguing about who needs to do what, Dr. Greenhalgh gives 4 principles to...

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