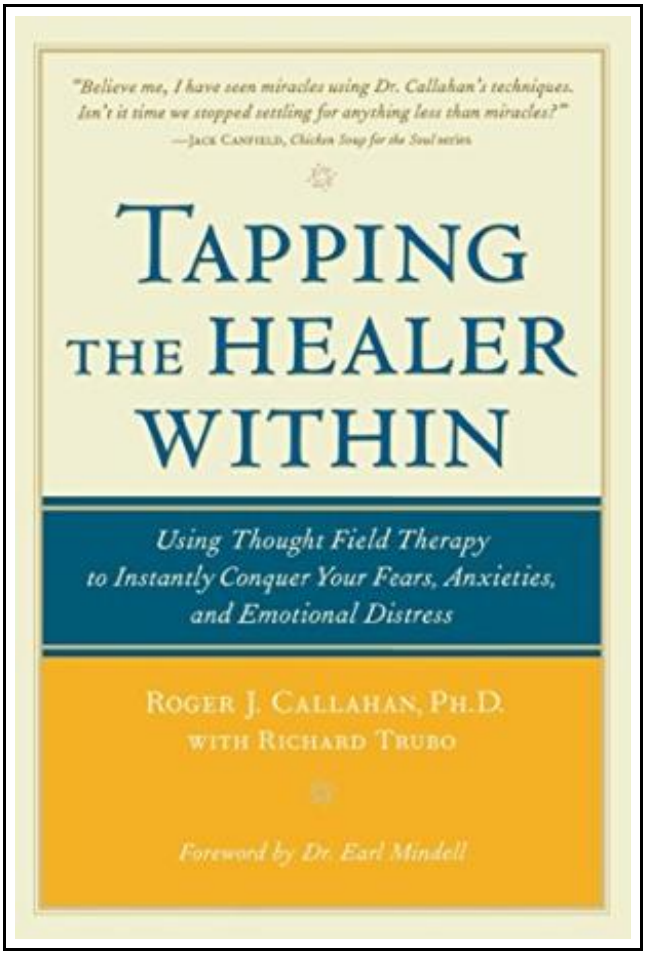
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Contemporary Books Inc. Paperback. Book Condition: new. BRAND NEW, Tapping the Healer within: Using Thought-field Therapy to Instantly Conquer Your Fears, Anxieties and Emotional Distress (New edition), Roger Callahan, Richard Trubo, Earl Mindell, Harness the healing power of TFT to conquer anxiety, stress, fears, and addictions. 'Believe me, I have seen miracles using Dr. Callahan's techniques. Isn't it time we stopped settling for anything less than miracles?' - Jack Canfield, editor, "Chicken Soup for the Soul" series. 'This book is as remarkable as the therapy itself. To see a hardened smoker quit in minutes or a person with a fear of dentists suddenly be able to receive needed treatment and achieve instant, sustained relief is extraordinary' - Richard G. Petty, M.D., Ph.D., founder, Integrated Medicine Program, Department of Psychiatry, University of Pennsylvania.'An invaluable tool for helping anyone suffering from a psychological or physical problem get back onto the road of optimal health. Dr. Callahan's method works' - From the foreword by Dr. Earl Mindell. Thought Field Therapy (TFT) is a cutting-edge treatment you can use to conquer emotional distress, including phobias, anxiety, stress, compulsions, and addictions. TFT is based on the time-honored principles of both contemporary clinical psychology and Chinese medicine. TFT is a drug-free method of literally tapping into the body's energy and clearing up blockages - without using acupuncture needles, drugs, or any other invasive means. TFT can provide emotional renewal quickly and safely, with no side effects and without having to go through years of therapy. In "Tapping the Healer Within", you'll find the tools to use this powerful method for yourself and discover how TFT can change your life for the better.

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