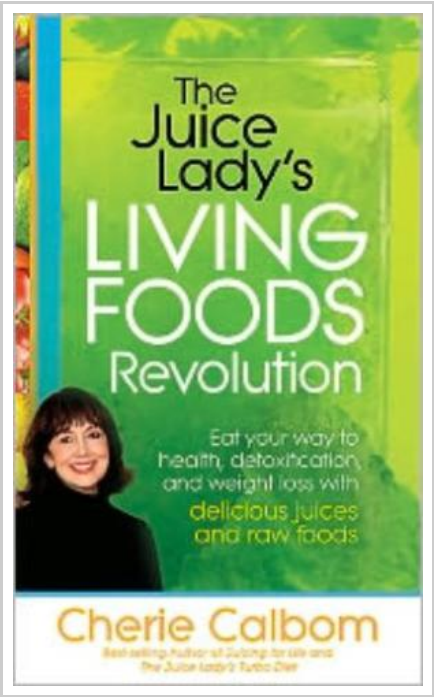


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The Juice Lady's Living Foods Revolution: Eat your Way to Health, Detoxification, and Weight Loss with Delicious Juices and Raw Foods

By Calbom, Cherie

Siloam. PAPERBACK. Book Condition: New. 1616383631 Feed My Sheep Books: A Family Ministry, Competing For YHWH Online Since 2001. Support the Assembly Before Buying Big Box-store Books. We Shrink Wrap & Carefully Package Your Order & Quickly Ship It. - Jer. 3:15 - And I shall give you shepherds according to My heart, and they shall feed you with knowledge and understanding. - The Juice Lady's Live Food Lifestyle builds on what Cherie Calbom's recent book, The Juice Lady's Turbo Juice Diet, started. Known around the country as "the Juice Lady," nutrition expert Cherie Calbom explains the benefits of living foods (raw foods), based on new scientific research that shows that biophotons in plants carry light energy into our bodies, which helps our cells communicate with each other. Cooking food kills these biophotons and leaves the body craving the energy and nutrients it needs to function at a healthy, vibrant level. But you don't have to switch your diet to a 100 percent raw foods diet. By simply adding more raw foods to your diet, you can increase your body's intake of these beneficial nutrients.In addition to a 64-page, four-color recipe section, shopping lists, menu plans, and other practical advice,...

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