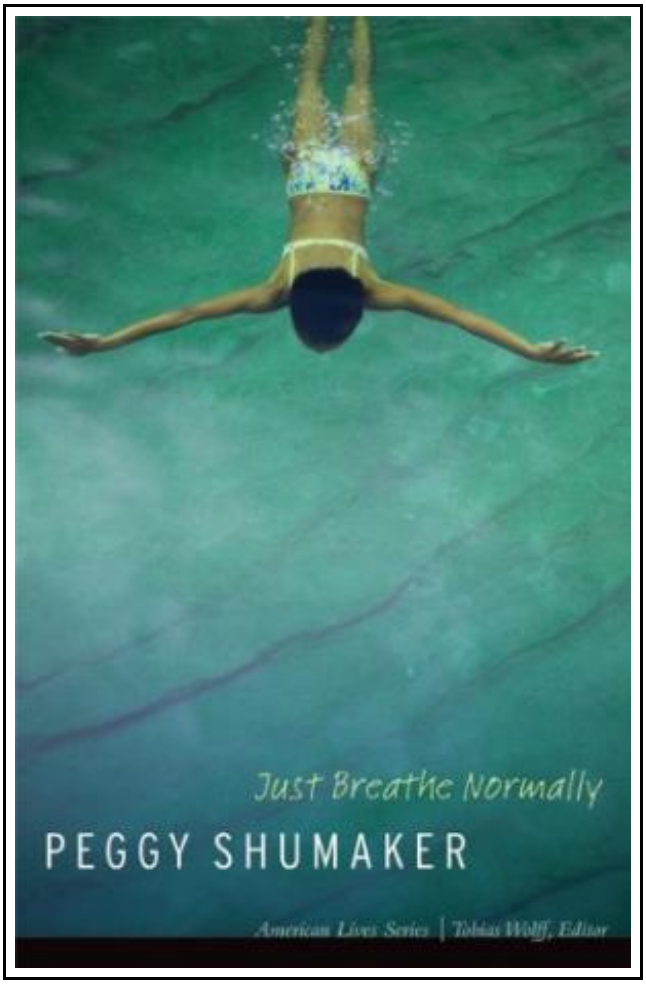
Just Breathe Normally



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University of Nebraska Press, United States, 2009. Paperback. Book Condition: New. 213 x 140 mm. Language: English . Brand New Book. Just Breathe Normally opens with a traumatic accident. Shattered perceptions and shards of narrative recount the events, from wreck through recovery and beyond. In lyric prose, the stories spiral back through generations to touch on questions of mortality and family, immigration and migration, legacies intended or inflicted. In the wake of her near-fatal cycling collision, Peggy Shumaker searches for meaning within extremity. Through a long convalescence, she reevaluates her family s past, treating us to a meditation on the meaning of justice and the role of love in the grueling process of healing. Her book, a moving memoir of childhood and family, testifies to the power of collective empathy in the transformations that make and remake us throughout our lives. We all live with injury and loss. This book transforms injury, transforms loss. Shumaker crafts language unlike anyone else, language at once poetic and profound. Her memoir enacts our human desire to understand the fragmented self. We see in practice the power of words to restore what medical science cannot: the fragile human psyche and its immense capacity for forgiveness.

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