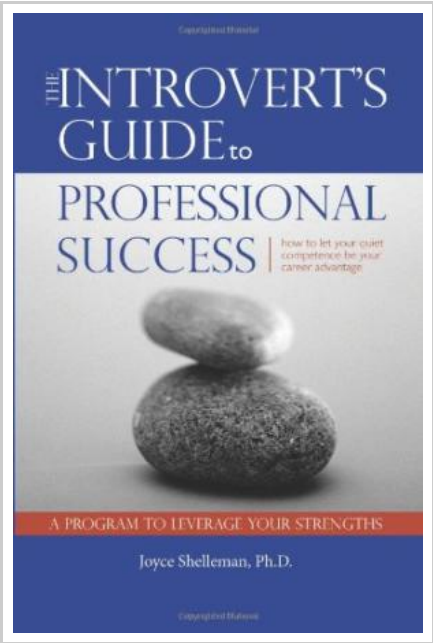


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The Introverts Guide to Professional Success: How to Let Your Quiet Competence be Your Career Advantage - A Program to Leverage Your Strengths

By Joyce M. Shelleman

Snowy Ridge Studio. Paperback. Book Condition: New. Paperback. 304 pages. Dimensions: 9.0in. x 6.0in. x 0.9in.As an introverted professional, youre bright, ambitious, and ready to get ahead despite a business world that often favors extroversion. Whether you seek a flourishing practice, a promotion, meaningful projects, or to become a respected leader, you want to optimize your career without compromising your basic quiet personality. This is the first book to explicitly address introversion as it relates to a broad range of professional dynamics in the workplace. It not only covers the topic in detail but provides a comprehensive professional development program. In this book, business behavior expert and introvert Joyce Shelleman, Ph. D. presents a straightforward three step strategy - grounded in behavioral science and drawn from experience - to deploy your introversion as the vital professional asset that it is. With this roadmap to navigate successfully to your goals, you learn to: Recognize and adroitly push back to overcome the unwritten workplace rules that put introverts at a disadvantage Build your influence, lasting connections, and professional network with integrity, guided by your personal values Let your quiet competence, expertise, and thoughtfulness be your leadership and career edge Focus your precious...

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