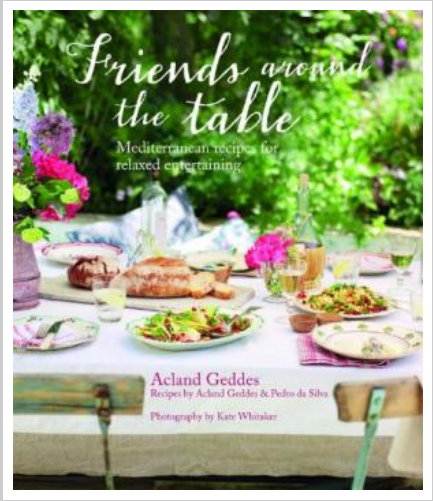


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Friends Around the Table: Mediterranean Recipes for Relaxed Entertaining (Hardback)

By Geddes Acland

Ryland, Peters Small Ltd, United Kingdom, 2014. Hardback. Book Condition: New. 257 x 224 mm. Language: English . Brand New Book. Aromatic, fragrant, and spicy, the flavors of the Middle East are steeped in a fascinating history of ancient empires and dynasties, wars and diverse religions, and the east-west trade routes, all of which have had a lasting influence on the culinary cultures of this vast and turbulent region. This exciting book chronicles the essential dishes that you would encounter should you travel these ancient lands - they are the recipes that have truly stood the test of time. Mezze, Salads, and Soups start the feast; enjoy Hot Hummus with Samna and Pine Nuts or Broad Beans with Eggs and Dukkah. Meat and Poultry Main Courses include Roasted Meat - stuffed Onions with Honey and Tamarind or Lamb Shish Kebab with Yogurt and Flatbread, while Poached Fish with Saffron Rice is an option for a Fish and Shellfish Main Course. Vegetables and Preserves include Turmeric Potatoes with Chillies, Lime, and Cilantro, while Sweet Dishes, Conserves, and Drinks features Quinces Poached in Clove Syrup with Buffalo Cream.

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Reviews

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