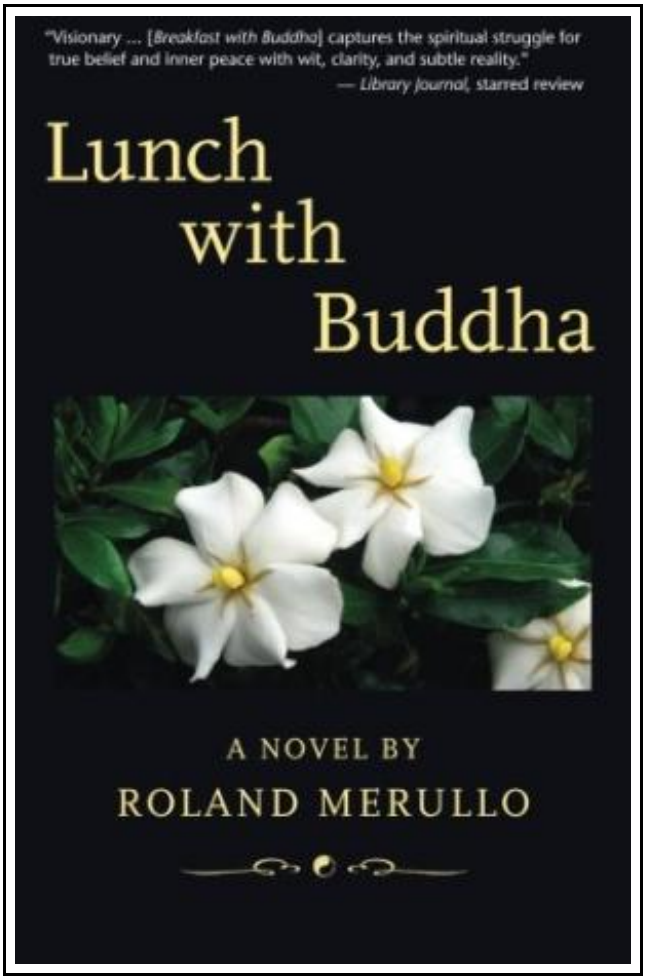
# Lunch with Buddha




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AJAR Contemporaries. Paperback. Book Condition: New. Paperback. 392 pages. Dimensions: 8.4in. x 5.4in. x 1.1in. Named one of the Best Books of 2013 by Kirkus Reviews Heartbreaking in places, hilarious in others, Lunch with Buddha takes its readers ona quintessentially American road trip across theNorthwest. That outerjourney, complete with good and bad meals, various outdoor adventures, and an amusing cast of quirky characters, mirrors a more interior journey--a quest for meaning in the hectic routine of modern life. Otto Ringling, whosjust turned 50, is an editor of food books at a prestigious New York publishing house, a middle-of-the-road father with a nice home in the suburbs, children he adores, and a sense of himself as being a mainstream, middle-class American. His sister, Cecelia, is the last thing from mainstream. For two decades shes made a living reading palms and performing past-life regressions. She believes firmly in our ability to communicate with those who have passed on. In Lunch with Buddha, when Otto faces what might be the greatest of lifes emotional challenges, it is Cecelia who knows how to help him. As she did years earlier-- in this books best-selling predecessor, Breakfast with Buddha--she arranges for her brother to travel with Volya Rinpoche, a famous spiritual teacher--who now also happens to be her husband. After early chapters in which the family gathers for an important event, the novel portrays the road trip made by Otto and Rinpoche, in a rattling pickup, from Seattle, across the Idaho panhandle and thevast Montana prairie, to the family farm in North Dakota. Along the way, the brothers-in-law have a series of experiences--some hilarious, some poignant--all aimed at bringing Otto a deeper peace of mind. Duringvisits toAmerican landmarks, theymeet a cast of minor characters, each of whom enables Rinpoche to impart some new spiritual lesson....

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