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Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Freezer Meals 21 Freezer-Ready Casseroles For Busy Moms I would like to welcome you to the wonderful world of frozen recipes, that you and your loved ones can actually enjoy these meals that have been put together on purpose, to be frozen and enjoyed whenever you like! No longer to you have to rely on frozen dinners that are expensive and often lacking in flavor while oozing of all kinds of dangerous preservatives and chemicals that have the potential to harm you. In this book you will learn how to put the right ingredients into your dishes, it will all come together and make the meal stay fresh and ready for you and your loved ones to enjoy for weeks in the freezer. These recipes have been designed so that you are able to provide your family with a meal that involves a quick heat-up after a hard long day at work. You do not have to spend time going home feeling exhausted only to start another job in doing the prep work for the family dinner. Within these pages you are going to find recipes that will suit every occasion and every craving out there. Many of the recipes can work in much larger portions or smaller ones. The possibilities that are offered to you are endless. If you choose to you can cut the portions down to make single serving or make a batch. This comes in real handy if you get some unexpected company and you want to whip something up fast to feed the hungry unexpected visitors. Make your life a whole lot easier and give these frozen meal recipes that are not filled...

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