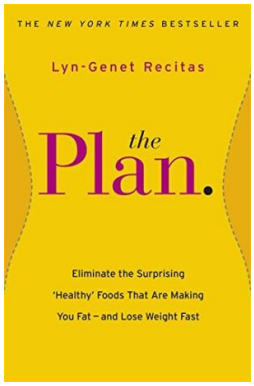
The Plan: Eliminate the Surprising 'Healthy' Foods That are Making You Fat - and Lose Weight Fast



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