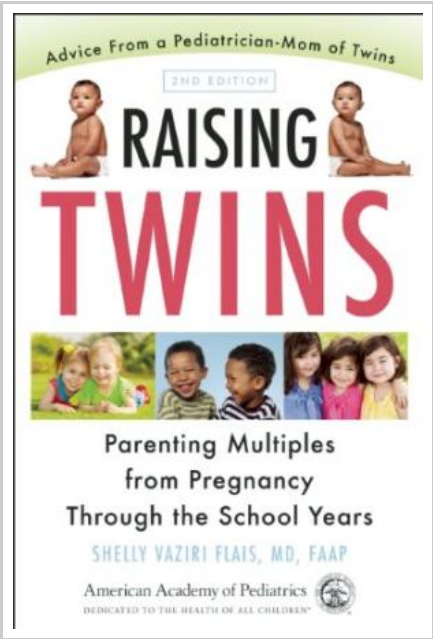


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Raising Twins: Parenting Multiples from Pregnancy Through the School Years (2nd Revised edition)

By Shelly Vaziri Flais

American Academy of Pediatrics. Paperback. Book Condition: new. BRAND NEW, Raising Twins: Parenting Multiples from Pregnancy Through the School Years (2nd Revised edition), Shelly Vaziri Flais, Even with years working as a pediatrician, Shelly Vaziri Flais, MD, FAAP, was nervous about what lay ahead when she was told she was pregnant with twins. Now, several years into parenting her twin boys, Dr Flais is sharing her wisdom and experience as a mom and her expertise as a doctor to help other parents prepare for and raise multiples with confidence. With insightful stories from her own experiences coupled with important information only a pediatrician can offer, Raising Twins will help parents: Prepare for the arrival of their twins Survive the first few days and weeks with advice on sleep schedules, feeding choices, and finding support Develop strategies to help successfully manage (and enjoy!) the first year of their twins' lives Negotiate the toddler years, including potty training, language development, big-kid beds, budgets, and discipline Understand the world of their twins as they become preschoolers, including socialization inside and outside the family, encouraging individualism, discipline and sleep issues This second edition includes more additional information on parenting other multiples as well as...

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