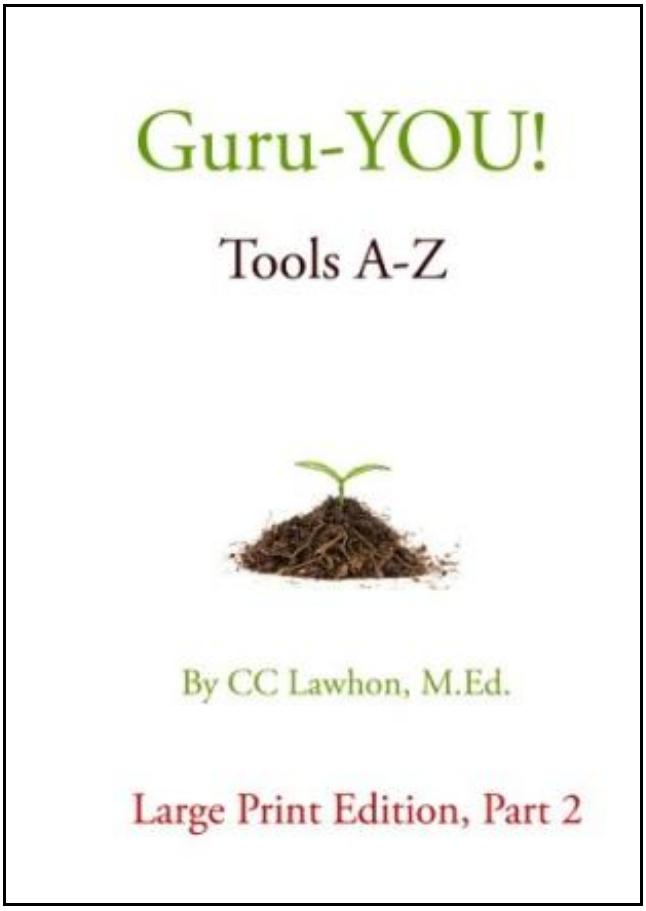
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Reviews

Excellent electronic book and helpful one. It usually does not cost a lot of. I am quickly will get a pleasure of reading through a written publication.
(Bernardo Feeney Jr.)

GURU-YOU TOOLS A-Z LARGE PRINT EDITION

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CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 166 pages. Dimensions: 10.0in. x 7.0in. x 0.4in.Remove Your Doubts: Find Your Purpose, Passion and Power Guru-YOU!s inaugural book brings up a complete array of potential blocks to achieving our dreams, and in each chapter, explains step-by-step how to overcome these obstacles. This is the second part of the Large Print Edition. It looks at everything from how to have the physical health or weight we want to how to let go of drama and stop the overwhelming thoughts that threaten our mental clarity. Guru-YOU! makes the tough issues (weight, relationships, childhood problems, drama in the workplace, general unhappiness) simple. It doesnt minimize their importance, it gives us easy, fun, real-life ways to handle the areas in which we struggle. The Tools chapters are short, hard-hitting, and have many ideas which allow you to apply what you have learned in Part 1 of the Large Print Edition. Guru-YOU! is about recognizing the answers are within, recognizing how to get to these answers, recognizing it doesnt have to be hard or complicated to stop struggling, and knowing the tools needed to do so are right at our fingertips in this book. Organizationally, the original book is divided into four parts, How Guru-YOU! Disappeared (the past), Why Guru-YOU! is Hiding (the present), and Becoming Guru-YOU! (the future) plus a cross-referenced Tools A-Z section at the end. This has been split into two books for the Large Print Edition. Tools A-Z includes links to audio meditations, video tutorials, other websites and authors, and multimedia activities. Tools A-Z (cross-referenced through the chapters, and outlined in the table of contents for easy reference), shows you where to go for detailed help in any area (relationship experts, Reiki, meditation techniques, or...

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