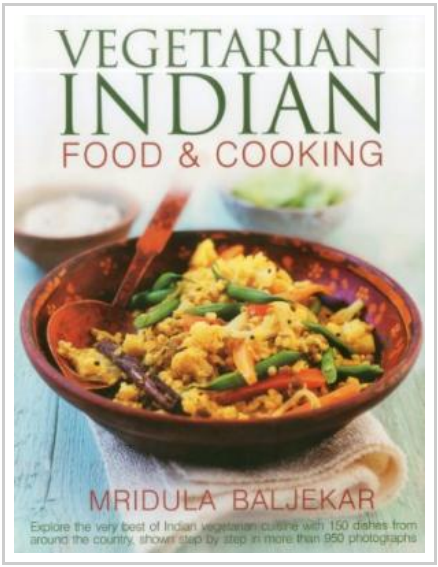


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Vegetarian Indian Food & Cooking: Explore the Very Best of Indian Vegetarian Cuisine with 150 Dishes from Around the Country, Shown Step by Step in More Than 950 Photographs

By Mridula Baljekar

Anness Publishing. Hardback. Book Condition: new. BRAND NEW, Vegetarian Indian Food & Cooking: Explore the Very Best of Indian Vegetarian Cuisine with 150 Dishes from Around the Country, Shown Step by Step in More Than 950 Photographs, Mridula Baljekar, This title helps you discover the fabulous wealth of India's aromatic and exciting meat-free recipes, ranging from world-renowned classics such as Onion Bhajiyas, Vegetable Pilau and Samosas to less well-known treats such as Wild Fig Kebabs and Duck Eggs with Cauliflower. It is an evocative introduction examines the impact of geography, climate, history, religion and festivities on Indian vegetarian cuisine, and how these influences have helped to create such deliciously diverse dishes. It features a comprehensive visual guide to Indian ingredients and equipment, and detailed instructions for essential preparation and cooking techniques. With over 950 stunning photographs to inspire and guide, each easy-to-follow recipe is shown step by step. Drawing upon the very best vegetarian food from around the country, this book presents a mouthwatering array of dishes such as Red Split Lentils with Mustard and Cumin, Roasted Tomato Chutney and Salty Yogurt Drink. Beginning with an overview of the geography, history and climate, the introduction goes on to explore regional...

Reviews

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