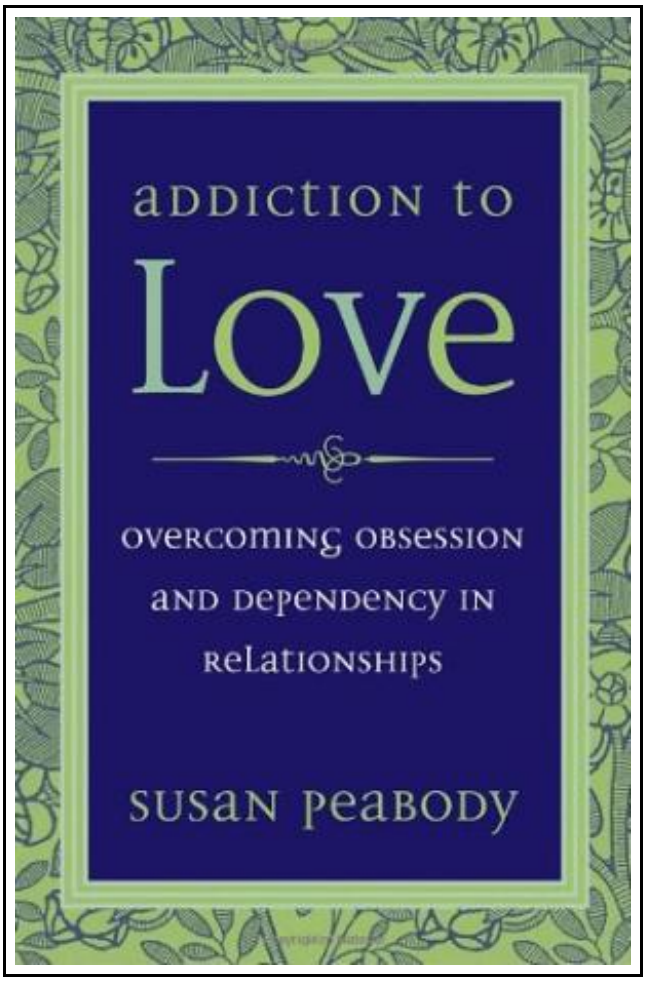
Addiction to Love Overcoming Obsession and Dependency in Relationships



Filesize: 2.07 MB

Reviews

It is an awesome book that we have possibly go through. It is actually writter in straightforward words and phrases and not confusing. It is extremely difficult to leave it before concluding, once you begin to read the book.

(Tierra Kunde)

ADDICTION TO LOVE OVERCOMING OBSESSION AND DEPENDENCY IN RELATIONSHIPS

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Celestial Arts. Paperback. Book Condition: New. Paperback. 216 pages. Dimensions: 8.4in. x 5.5in. x 0.7in.Love addiction manifests in many forms, from Fatal Attraction-type obsessive lust to less extreme but nonetheless psychologically and emotionally harmful forms. The most common of these is staying in a bad relationship because of a fear of being alone-the I hate you but dont leave me relationship. In ADDICTION TO LOVE, recovering love addict Susan Peabody explains the variety of ways this disorder plays out, from the obsessively doting love addict to the addict who cant disentangle from an unfulfilling, dead-end relationship. Peabody provides an in-depth and easy-to-follow recovery program for those suffering from this unhealthy and often dangerous addiction and explains how to create a loving, safe, and fulfilling relationship. A seminal work on unhealthy and obsessive behaviors in love, and how to change behavior to have a positive relationship. This third edition includes a new introduction and revisions to the text throughout. Some symptoms of love addiction include love at first sight, excessive fantasizing, abnormal jealousy, nagging, and accepting dishonesty. Even relationships with parents, children, siblings, or friends may be addictive-dependency is not always related to romantic love. Previous editions have sold more than 40, 000 copies. Love addiction is a three-headed serpent that Susan Peabody adeptly slays. This is the quintessential book for any love addict or counselor needing to fully understand this highly prevalent and complex disorder. Susan detects and dissects aspects of this condition not comprehended in other books of its kind. Recovery is possible. This book makes it possible to take the succinct steps necessary toward a loving and reciprocal long-term intimate relationship. - Sudi Scull, M. F. T. , C. N. , psychotherapist and nutritionist This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.

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