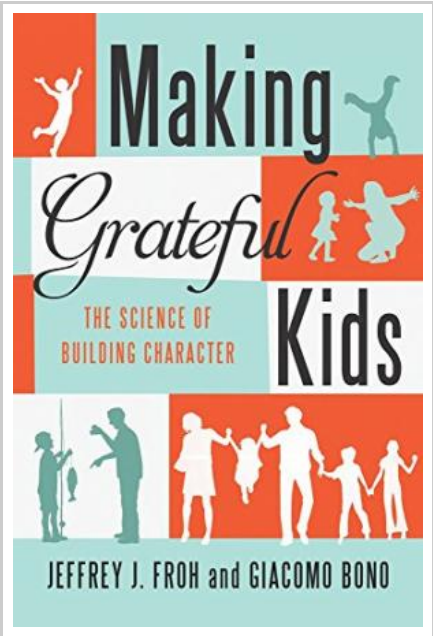


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Making Grateful Kids: The Science of Building Character

By Jeffrey Froh, Giacomo Bono

Templeton Press, United States, 2015. Paperback. Book Condition: New. 224 x 140 mm. Language: English . Brand New Book. If there was a new wonder drug on the market that got kids to behave better, improve their grades, feel happier, and avoid risky behaviors, many parents around the world would be willing to empty their bank accounts to acquire it. Amazingly, such a product actually does exist. It s not regulated by the FDA, it has no ill side-effects, and it s absolutely free and available to anyone at any time. This miracle cure isgratitude. Over the past decade, science has shown that gratitude is one of the most valuable and important emotions we possess, and it is a virtue that anyone can cultivate. In fact, researchers have developed many different methods people can use to foster an attitude of gratitude, and the science shows that many of them reallywork. In Making Grateful Kids, two of the leading authorities on gratitude among young people, Jeffrey J. Froh and Giacomo Bono, introduce their latest and most compelling research, announce groundbreaking findings, and share real-life stories from adults and youth to show parents, teachers, mentors, and kids themselves how to achieve greater...

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